

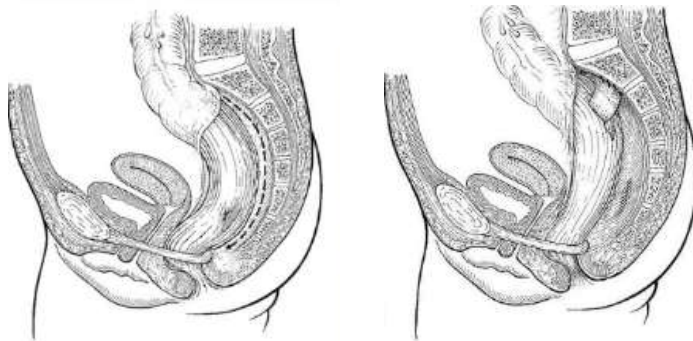
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Rectal Prolapse

Rectal prolapse occurs when the normal attachments weaken over time. It is rarely life threatening, but can severely impact one's quality of life. There are two general surgical approaches:

Surgery from above Laparoscopic Rectopexy



Done with minimally invasive (laparoscopic) surgery

10% risk of recurrence

When compared to surgery from below

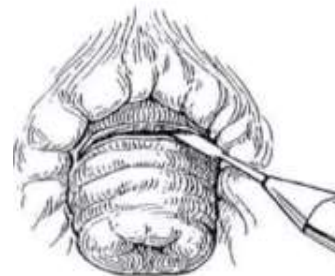
- Less recurrence
- Higher risk of complications

Risks include

- Bleeding
- Injury to other structures
- Conversion to open

While this surgery fixes the structural issue, does not always fix functional issues
Incontinence improves 50% of the time

Surgery from below Altmeier/Delorme



Can be done on frail patients

30-40% risk of recurrence

When compared with surgery from above

- Higher recurrence
- Less risk of complications

Risks include

- Bleeding
- 1% risk of leak from join requiring a colostomy

While this surgery fixes the structural issue, does not always fix functional issues
Incontinence improves 50% of the time