



North York
General Hospital

Including the ODE Children's Centre

Embracing Health

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NYGH is going GREEN

**Please bring 2 re-usable
bags for your belongings and
bring a reusable cup/thermos for drinking**

GASTROSCOPY

DURING THIS EXAMINATION THE DOCTOR WILL PUT A TUBE DOWN YOUR THROAT. THE TUBE WILL HAVE A CAMERA ON THE END OF IT SO THAT THE DOCTOR CAN EXAMINE YOUR OESOPHAGUS AND YOUR STOMACH.

THE DOCTOR MAY TAKE BIOPSY SAMPLES DURING THIS EXAMINATION. IF BIOPSIES ARE TAKEN IT WILL TAKE 5 WORKING DAYS TO GET THE PATHOLOGY REPORT BACK.

PREPARATION:

YOU MAY HAVE ABSOLUTELY NOTHING TO EAT OR DRINK FROM MIDNIGHT THE NIGHT BEFORE YOUR GASTROSCOPY AND ABSOLUTELY NOTHING TO EAT OR DRINK UNTIL THE NURSE IN THE DAY MEDICAL TELLS YOU THAT YOU MAY EAT.

YOU WILL BE MEDICATED SO YOU MUST HAVE SOMEONE TO TAKE YOU HOME OR BE WITH YOU IN A TAXI OR AN UBER AFTER THE PROCEDURE

PLEASE INFORM US IF YOU TAKE ANY ASPIRIN OR ANY OTHER "BLOOD THINNING" PRODUCTS.

Please report to the **ADMITTING DEPARTMENT** at **North York General Hospital** (4001 Leslie Street, 1st Floor. Then proceed to 1st floor Day Surgery + Endoscopy Suites. Be prepared to be here approximately 3 hours from the time you arrive to the time that you leave).

DATE:

REPORT TIME:

PLEASE CALL TO CONFIRM ONE WEEK BEFORE YOU PROCEDURE.

IF YOU HAVE ANY QUESTIONS PLEASE CONTACT OUR OFFICE
(When combined with a colonoscopy, the preparation for the colon takes priority)